

COG Calendar:

- Tuesday, February 28th @ 11:30 a.m.
CEDS Meeting @ House of Ribeye's, Oxford NC
- Tuesday, March 7th @ 6 p.m.
Workforce Development Board Meeting @ COG Office
- Wednesday, March 8th, 3-5 p.m.
TAC/TCC Meeting @ COG Office

Around the Region

CEDS Meeting

The second meeting will be held **Tuesday, February 28, 2017 at 11:30 a.m.** at the House of Ribeye's in Oxford, NC. For more information contact [Michael Kelly](#).

TAC/TCC Meeting

Our next Kerr-Tar RPO-TAC/TCC Meeting will take place on **Wednesday, March 8 from 3:00p.m. to 5:00p.m.** at the COG office. For more information contact [Ann Stroobant](#).

Follow Important NC Legislation via League's Bill-Tracker

Wondering how you can track General Assembly proposals of importance to cities and towns? [Check out the League's bill-tracker](#). See what legislation we're monitoring, and what we're labeling as critical or of high importance. The League catalogs legislation by importance and subject matter. It also lists each bill's sponsor and to what committee it's been referred. This important resource for municipalities is found [here](#) or under the "Legislative Advocacy" tab on the League's website, nclm.org.

2020 Census—Time to Begin the Process

2020 Census preparations are underway. The annual Boundary and Annexation Survey (BAS) is currently asking local governments to verify their corporate boundaries that were in effect as of January 1, 2017. The Census Bureau is now beginning the Local Update of Census Addresses (LUCA) program. LUCA is a once a decade program inviting local governments to verify residential addresses within their corporate boundaries. The Census Bureau is sending LUCA advanced notice letters to the state, county, municipal, and tribal highest elected officials this week. LUCA promotional workshops will begin in March. Actual LUCA address verification is limited to 120 days and will begin in February 2018 <https://www.census.gov/geo/partnerships/luca.html>

Kerr-Tar Council of Governments Revolving Loan Fund

The Kerr-Tar Regional Council of Governments administers a Revolving Loan Fund (RLF) to assist existing businesses as well as new entrepreneurs in securing financing they are otherwise unable to secure through traditional channels. The primary goal of the RLF program is to create new jobs in the region. Preference is given to businesses that will add full-time skilled or semi-skilled positions. The source of funding is the Federal Economic Development Administration (EDA). Some specific guidelines may apply. The Kerr-Tar Regional Council of Governments welcomes partnering with other lenders to assist local area business to succeed and thrive. For more information contact [Mark Warren](#). Click [here](#) to view the brochure or [here](#) for an application.

Planning & Economic Development



CEDS Committee

On January 12, 2017, KTCOG hosted its first Comprehensive Economic Development Strategies (CEDS) Committee meeting in Oxford. North Carolina's EDA Representative was in attendance and spoke to the Committee on the importance of the CEDS process. The Committee engaged in a critical Strengths-Weaknesses-Opportunities-Threats (SWOT) Analysis of the region. This topic generated enormous discussion. The second meeting will be held **Tuesday, February 28, 2017 at 11:30 a.m.** at the House of Ribeye's in Oxford, NC. For more information contact [Michael Kelly](#).

TAC/TCC Meeting

Our next Kerr-Tar RPO-TAC/TCC Meeting will take place on **Wednesday, March 8 from 3:00p.m. to 5:00p.m.** at the COG Office. Agenda Items for this meeting will include approving a resolution for our Congestion Mitigation and Air Quality (CMAQ) projects for FFY18, an update on the next round of transportation prioritization (SPOT P5.0), and a potential presentation on the latest in Clean Fuels Advanced Technology (CFAT). For more information contact [Ann Stroobant](#).

NC Ethics Commission Reminder

The NC Ethics Commission has asked us to remind our Kerr-Tar TAC members that SEI and RED forms are due by **April 15, 2017**. Click [here](#) for useful information and instructions. Click [here](#) for forms. It is especially important that our new TAC members complete the forms to be evaluated and cleared by the Ethics Commission in order to vote at our March 8, 2017 TAC/TCC meeting.

The North Carolina Lakes District: Bike & Pedestrian Plan



The staff at Kerr-Tar has made presentations on The North Carolina Lakes District: Bike and Pedestrian Plan, before all five regional Boards of County Commissioners. Planning staff has been seeking adoption of the plan through Formal Resolutions. This plan was previously approved by the TAC/TCC Committee and COG Board of Directors in 2016. The plan will link the state's existing bike routes to local area amenities such as: Kerr, Hyco, and Mayo Lakes as well as Lake Gaston. A full copy of the plan is available [here](#).

Kerr-Tar RPO Quarterly Meeting in Fayetteville

The North Carolina Association of Rural Planning Organizations (NCARPO) held its quarterly meeting in Fayetteville, hosted by the Mid-Carolina RPO, on January 26 and 27. As a part of this meeting, Ann Stroobant, Kerr-Tar RPO Coordinator/Regional Planner and Tony Sumter, Kerr-Tar Mobility Manager/Regional Planner attended a tour of the new Fayetteville Area System of Transit (FAST) facility.

Pictured: (Left to right) Tony Sumter & Ann Stroobant tour the nearly completed FAST facility on 1/26/17.



SPOT P4.0 Update

The NC Department of Transportation released the Draft 2018-2027 State Transportation Improvement Program (STIP) on January 4, 2017. You can access the Draft STIP [here](#).

CMAQ Info & Deadlines

CMAQ Applications for FFY 18-19 will need to be submitted to [Ann Stroobant](#) by **Thursday, February 23, 2017** for evaluation and review. Franklin, Granville, and Person Counties, as well as towns within these counties, are eligible to apply for Kerr-Tar RPO CMAQ funding if you are within the RPO boundary. At our upcoming meeting on March 8, 2017 the Kerr-Tar RPO TAC/TCC will need to approve a resolution to endorse the top scoring CMAQ application(s) ranked by the CMAQ Committee for submission to the NCDOT by March 15, 2017.

NCDOT Prioritization 4.0

The NCDOT has released a web map which provides a visualization of all projects evaluated in Prioritization 4.0 for all transportation modes throughout North Carolina, including committed projects from the first five years of the NCDOT 2016-2025 STIP. Please click [here](#) to view the interactive map. Draft Regional Programmed Projects are indicated in green and Draft Division Programmed Projects are indicated in gold. Projects that did not score high enough to receive funding are indicated in pink. The Kerr-Tar RPO Draft Regional and Draft Division Programmed Projects in the Draft 2018-2017 STIP total in excess of \$65,000,000 for the region. The final version of the STIP will be released in June.

American Planning Association Releases New Report on Regional Planning Trends

The [American Planning Association's Regional and Intergovernmental Planning Division](#) has released a new report, [Emerging Trends in Regional Planning](#). The report discusses six key trends in the field: regional planning for sustainability; integrated regional planning across related issues; inclusive engagement and expanded partnerships in regional planning; new approaches for implementation; changing demographics and changing regions; and new tools and techniques for regional planning. From the report: "As we move further into the twenty-first century, regional planning in the United States continues to transform itself. Regional planning has further advanced integration of complex related issues, such as infrastructure, housing, economic development, and environmental planning." Click [here](#) to download the report.

Division of Water Infrastructure Announces Available Funding for Spring 2017

The Division of Water Infrastructure in the N.C. Department of Environmental Quality announces the spring 2017 funding round and related application training. Funding offered this round will include a portion of the Connect NC bond program. All applications must be received by the division no later than close of business on **April 28, 2017**. Application materials will be available on the division [website](#) before training begins at. Training dates and locations: Kinston, 3/3 10 AM to 12:30 PM at Public Services Dept. and Raleigh, 3/6, 10 AM to 12:30 PM at Rural Center. This information is also available by clicking [here](#).

Recreational Trails Program

The RTP is a federal grant program authorized by Congress in 2012 as Moving Ahead for Progress in the 21st Century (MAP-21). The intent of the RTP is to help fund trails and trail-related recreational needs at the State level. Funding for the RTP comes from federal gas taxes paid on non-highway fuel used in off-highway vehicles, and the program is administered at the Federal level by the Federal Highway Administration. At the State level, the Secretary of the Department of Environment and Natural Resources has assigned that responsibility to the Division of Parks and Recreation and its [NC Trails Program](#). The [North Carolina Trails Committee](#) is a seven-member advisory committee who will review all applications and make recommendations for funding. The Secretary of DNCR has the final approval authority for North Carolina. The 2018 grant cycle is open and the Grant Application – Form A will be available from Tuesday, January 17, 2017 until Friday, February 24, 2017. The 2018 Application – Form A (Pre-app) is due **Friday, February 24, 2017**. If you have any questions about this grant Program, please contact your Regional Trails Specialist. <http://www.ncparks.gov/more-about-us/grants/trail-grants/recreational-trails-program>

Stronger Economies Together (SET)

The USDA tentatively approved the COG's Stronger Economies Together (SET) Plan, initially submitted in September 2016. The SET Plan is designed to produce strategies for identifying and leveraging the economic strengths of Person, Warren, Vance, Franklin, and Granville Counties over time.



Mobility Management Blog

In efforts to move things forward for the Mobility Management program of Kerr Tar Regional Council of Governments, Kerr Tar COG mobility management blog page has been updated with entries that relates to transportation priorities under the new Congress and Trump administration. For more information, please visit <https://kerrtarmobility.wordpress.com/>.

Transportation's Involvement with Person County's AAA Plan

Kerr Tar Regional Council of Governments' Area Agency on Aging department presented the Mobility Management program to have a responsibility with the steering committee of Person County's Area Agency on Aging Plan. Transportation is one of two topic of discussion in this plan proposal. The mobility management program will endeavor in activities such as collecting transportation data for the steering committee to use for the plan, related mapping and other requests. For more information of the Person County's Area Agency on Aging plan, contact [Jillian Hardin](#).

FHWA Releases Small Town and Rural Multimodal Networks Guide

The U.S. Department of Transportation's Federal Highway Administration (FHWA) has released a guide called 'Small Town and Rural Multimodal Networks'. This new guide is a publication of FHWA's Bicycle and Pedestrian program. It applies existing national design guidelines in a rural setting and highlights small town and rural case studies. [Read about it on ruraldesignguide.com](#)

Workforce Development

Career Center Placements on the Rise

The NCWorks Career Centers are the hub for information and inspiration in the Kerr-Tar Region. The daily activities of the NCWorks Career Center team are undertaken with the motto of Connecting Talent to Jobs. We are pleased to announce that the number of people placed into jobs over the last 6 months is almost within 25% of our total number of placements for the last program year. The NCWorks Career Center team has been very busy promoting the availability of services provided at no cost to the community. In addition to the career advising services local residents are benefiting from resume writing assistance, job interview coaching, online application assistance and other offerings that increase an applicant's chance of gaining employment. The Career Center is also offering job seekers and those wanting to find a career, a **Starting Line to Your Career** information session to get more familiar with the services available. For upcoming **Starting Line to Your Career** information sessions call 919-693-2686.

Placements July 2015 – June 2016	489
Placements July 2016 – Dec 2016	353

To see February events and trainings held at Local Career centers, please click [here](#). For more information please contact Kelly Hundley at khundley@kerrtarco.org

Top Five Recidivism Reducing Programs

Recidivism programs with the highest rates of success offer models for communities that need help with offender re-entry. [Click here to read more...](#)

Request for Proposal

The Workforce Development Board will release a 'Request for Proposals' in the coming days to fund employment and training services for young adults for young adults ages 16-24 with barriers to employment in the areas of Franklin, Granville, Person, Vance, and Warren Counties. Comprehensive services shall be provided under the Workforce Innovation and Opportunity Act for Program Year 2017 (July 1, 2017- June 30, 2018). An Information Session will be held on **Monday, February 20th at 10:30 a.m.** at Kerr-Tar Regional Council of Governments, 1724 Graham Avenue, Henderson, NC for potential bidders to present questions and receive additional information. A teleconference option is also available during the Information Session. Interested parties should contact [Ben Foti](mailto:bfoti@kerrtarcog.org) at bfoti@kerrtarcog.org to learn more about the Information Session or be added to the email distribution list. An RFP package will also be available at www.kerrtarcog.org.



AGING

Healthy Eating for Successful Living in Older Adults Registration Now Open

The Kerr Tar Area Agency on Aging is pleased to announce that the first series of Healthy Eating for Successful Living in Older Adults workshops will be held at Granville Senior Services at 107 Lanier Street, Oxford, NC. Workshops will begin in May. Registration is now open. The Kerr Tar Area Agency on Aging (AAA) will host two workshops in May and June at local area senior centers. Healthy Eating, a six week program for adults aged 60 and better, is designed to empower individuals who want to learn how nutrition and lifestyle changes can promote better health. The program focuses on heart and bone healthy nutrition strategies to help maintain or improve wellness and prevent chronic disease development or progression.

The main components of the program include: self-assessment and management of dietary patterns by each participant, goal setting, problem solving, group support, self-monitoring and other behavior change strategies. Education through both group interaction and the expertise of a Registered Dietitian/Nutritionist is provided when needed. The program also includes recommendations and support for physical activity in conjunction with sound nutrition practices. Through participation in the program, individuals build a sense of empowerment as they accomplish incremental changes.

The workshop is conducted over six or seven sessions, meeting weekly for 2.5 hours per session. Seniors interested in participating in Healthy Eating for Successful Living in Older Adults can obtain a brochure at their local senior center or call [Melissa Catlett](tel:252-436-2040), Family Caregiver Specialist at 252-436-2040 for more information.

Documentary on Alzheimer's

PBS recently aired a powerful documentary which provides a clear picture of the significant impact of Alzheimer's disease and related dementias facing our nation. [Click here to watch the documentary.](#)

2017 Region K Senior Games

Registration is now open the 2017 Region K Senior Games. Participants must be 50 years of age or better and be a resident of one of these five counties: Franklin, Granville, Person, Vance or Warren. Additionally, participant must be a North Carolina resident for a minimum of three consecutive months of the year. Volunteers from all areas of the community are welcome. Anyone interested in becoming involved in the Senior Games program as a sponsor or volunteer, please contact: [Melissa Catlett](#), Local Coordinator at 252-436-2040.



Please click [here](#) for the detailed press release.

Duke Family Support Program and Kerr Tar Area Agency on Aging Team Up for Events

The Kerr Tar Area Agency on Aging (AAA) cosponsored two events with The Duke Family Support Program in January to distribute respite vouchers to families caring for individuals with dementia. The first event was held on Tuesday, January 17th at the Oxford Senior Center, 107 Lanier St, Oxford, NC. The second event was held on Wednesday, January 18th at the Vance County Senior Center, 126 S. Garnett St, Henderson, NC.

Janeli Smith and Bobbi Matchar from the Duke Family Support Program met with caregivers of loved ones with dementia and offered counseling, education and/or respite vouchers. Funding for these events were provided by Project C.A.R.E. Project C.A.R.E. (Caregiver Alternatives to Running on Empty) is the only state-funded, dementia-specific support for families who take care of individuals with Alzheimer's disease or related dementias. Twelve families were assisted with respite vouchers, counseling and other caregiving needs.

One component to Project C.A.R.E. is respite services to caregivers of individuals with Alzheimer's disease or related dementias, who are not paid for their caregiving and who are age 18 or older. Priority is given to assist unpaid caregivers of individuals with the greatest social and economic needs, to caregivers who do not receive a respite break from any other funding source, as well as to those who have no regular source of funding for in-home assistance.

Respite vouchers are issued in amounts up to \$500 per voucher. Caregivers receive a reimbursement for respite services upon receipt of completed signed record of respite (time sheets). Respite services may include in-home care, adult day care, group respite, institutional care, companion care or other emergency respite. Vouchers are still available through the Duke Family Support Program. For more information, please call (919)660-7510 or (800) 646-2028.

Monitoring of County Providers

Monitoring of county aging programs is underway, and will be completed by the end of April. Some of the programs being monitored in the five-county region include the in-home aide program, nutrition program, transportation, senior center operations and housing and home improvement. Jillian Hardin, Melissa Catlett and Suja Jacob are providing oversight and technical assistance during the monitoring process. Providers monitored thus far include Vance County Senior Center, Warren County DSS, Person County Senior Center (Region K CAC) and Person County DSS.

The Kerr Tar Area Agency on Aging leads and is involved in the efforts that provide for the development and enhancement of comprehensive and coordinated community based systems of services, opportunities, and protections for older adults which assist them in leading independent, meaningful and dignified lives in their own homes and communities for as long as possible. We serve five counties, Franklin, Granville, Person, Vance and Warren. For more information about the Kerr Tar Area Agency on Aging, please call 252-436-2040.

Kerr-Tar Regional Council of Governments

1724 Graham Avenue
P.O. Box 709
Henderson, NC 27536

PHONE:
(252) 436-2040

FAX:
(252) 436-2055

E-MAIL:
info@kerrtarcog.org

We're on the Web!
See us at:
www.kerrtarcog.org

Executive Committee

Chairman

Barry Richardson
Warren County

Vice Chairman

Quon Bridges
City of Oxford

Treasurer

Jimmy Clayton
Person County

Sidney Dunston | Franklin County

Zelodis Jay | Granville County

Tommy Hester | Vance County

John Alston | Warren County

Linda Jordon | Town of Butner

Eddie Ellington | City of Henderson

Joe Shearon | Town of Louisburg

Henry Daniel | City of Roxboro

Walter Gardner | Town of Warrenton

David Smith | At-Large

Bryan Pfohl | At-Large

Danny Wright | At-Large

Communities Served

Franklin County
Granville County
Person County
Vance County
Warren County

Town of Bunn
Town of Butner
City of Creedmoor
Town of Franklinton
City of Henderson
Town of Kittrell
Town of Louisburg
Town of Macon

Town of Middleburg
Town of Norlina
City of Oxford
City of Roxboro
Town of Stem
Town of Stovall
Town of Warrenton
Town of Youngsville

Contacts

Executive Director
Diane Cox
dcox@kerrtarcog.org

Planning & Development
Michael Kelly
mkelly@kerrtarcog.org

Workforce Development
Vincent Gilreath
vgilreath@kerrtarcog.org

Aging
Jillian Hardin
jhardin@kerrtarcog.org

Kerr-Tar
Regional Council
Of Governments



MISSION STATEMENT

Kerr-Tar Regional Council of Governments aims to promote regionalism that provides opportunities for local governments to enhance and improve the quality of life for our citizens through effective delivery of services and programs.