**KERR –TAR REGIONAL AGING ADVISORY COUNCIL**

May 11, 2016

Kerr Tar COG Office

Henderson, NC

# Minutes

***Attendance***

|  |  |  |
| --- | --- | --- |
| **Franklin County**  Rachelle Deats – *Present*  Patsy Douglass – *Present*  Alan Greer – *Present*  Donnell Adams – *Present*  Dot Robertson – *Excused* | **Person County**  Susan Naylor – *Excused*  Angela Jones – *Absent*  Jackie Watson – *Absent* Rosalie Gates – *Absent*  Robert Allen – *Present*  Leavia Reed – *Absent* | **Warren County**  Charles Jefferson – *Excused*  Ernest Fleming – *Present*  Virginia Broach – *Present*  Antha Wade – *Absent*  Robin Williams – *Present* |
| **Granville County**  Alva Petway – *Absent*  Michael Magnanti – *Absent*  Ethel Anderson – *Present*  John Owns – *Excused* Sue Bryant – *Present*  Melissa Starr – *Present* | **Vance County**  Sandra Tubbs – *Present*  Cathy Hoyle – *Present*  Leslie Baskerville – *Present*  William Brodie – *Absent*  Tammy Branch – *Absent*  Jane McClanahan – *Present* | **Service Providers**  Mattie Woodard |

**AAA Staff**

Sheila Brown

Kim Hawkins

Jillian Hardin

Katie Conner

***Introduction***

Robert Allen (Person County) called the meeting to order at 2:03 p.m. Ernest Fleming (Warren County) made the motion to approve the February 10, 2016 minutes. Patsy Douglass (Franklin County) seconded the motion. The minutes were unanimously approved.

***Presentation***

Jillian Hardin presented the Kerr Tar Area Agency on Aging four year plan for approval. In the proposal for the new four year plan Jillian mentioned the new Mission and Vision for Kerr Tar Area Agency on Aging. An important aspect of the plan is that, North Carolina ranks 9th nationally, both in total population and in the number of people 65 and better. Jillian discussed how the plan was written to help develop and provide services to older adults and even discussed demographics and broke down demographics by county. Furthermore, Jillian discussed the six goals and objectives as well as the strategies of the new plan. Ernest Fleming (Warren County) made the motion to approve the Kerr Tar Area Agency on Aging four year aging plan. Cathy McCabe Hoyle (Vance County) seconded the motion. The Kerr Tar Area Agency Aging four year aging plan was unanimously approved.

***AAA Staff Reports***

*Aging Projects Coordinator – Sheila Brown*

The Money Follows the Person program (MFP) offers up to $3000 for individuals living in long term care facilities who wish to transition back into their community. The funds can be used for one time costs such as down payment on utilities or rent, furniture, or stocking the cupboards. As Options Counselor, Sheila has made two in-reach visits to skilled nursing facilities to promote MFP. Sheila Brown and Melissa Catlett with the Kerr-Tar Area Agency on Aging will be conducting a six week Chronic Pain Self Management Program Workshop at the Vance County Senior Center starting Wednesdays, June 1 through July 6, from 1:30-4:00 p.m. They will also be conducting a six week, Healthy Eating for Successful Living in Older Adults workshop at the Louisburg Senior Center in Louisburg, NC starting Fridays, May 20 through June 24, 2016 from 1:30-4:00 p.m.

*Family Caregiver Support Report – Melissa Catlett*

Melissa completed training in April in Roswell, GA for the Virtual Dementia Tour and is now a certified master trainer. Two upcoming classes have been scheduled, June 7th at Person County Office Building and June 16th at the Louisburg Senior Center. As senior games coordinator, Melissa reported that Senior Games were a huge success this year with many participants from all five counties. Silver Arts and Awards Ceremony will be held at the Oxford City Hall at 2:00 p.m. on Thursday, May 19th.

*Ombudsman Report – Kim Hawkins*

Kim currently has two open complaints and eleven complaints have been closed. In addition, monitoring visits have been conducted throughout the region. There are several Community Advisory Committee (CAC) vacancies in four of our five counties. Upcoming, there will be an Elder Abuse Awareness and Prevention Walk in Person County at Huck Sansbury Park on Thursday, June 2nd. Once a year on June 15, communities and municipalities around the world plan activities and programs to recognize World Elder Abuse Awareness Day (WEAAD). It’s an opportunity to share information and spread awareness about abuse, neglect, and exploitation in later life. Everyone can make a difference, but together, we can unite as one nation.

*Directors Report – Jillian Hardin*

Please see handouts for HCCBG and Non-Block Grant Services spending for your county. Spending looks to be on target. STY 2016-2017 HCCBG Funding Plans are due June 15th.

Jillian Hardin attended The National Association of Area Agencies on Aging (n4a), April 25th-26, in Washington, DC. At this event more than 150 advocates attended and health care policy experts attended the 22nd annual n4a Aging Policy Briefing and Capitol Hill Day. The event was two days filled with updates on the latest in federal aging policy and advocacy training, over 100 meetings with Senators and Representatives, and a Capitol Hill reception celebrating OAA reauthorization.

Monitoring HCCBG services have been completed. Most counties were in compliance. There were a few small issues with food temperatures.

The month of May has been declared Older Americans Month (OAM). This began in 1963. Older Americans Month acknowledges the contributions of older individuals. Led by the Administration for Community Living, the annual observance offers the opportunity to learn about, support, and celebrate our nation’s older citizens. Older adults are a growing and increasingly vital part of our community as well as our country. The contributions they make to our communities are varied, deeply rooted, and include influential roles in the nation’s economy, politics, and the arts.

April was Volunteer Appreciation month. As a thank you to all of our volunteers we are planning a Volunteer Appreciation Luncheon at the Henderson Country Club. The event is scheduled for Monday, June 13th at 11:30 a.m. Please RSVP to Katie Conner at 252-436-2040 or [kconner@kerrtarcog.org](mailto:kconner@kerrtarcog.org) by Friday, June 3rd. The Henderson Country Club is located at 300 Country Club Drive, Henderson, NC 27536.

***County Aging Program Reports***

## *Franklin County Department of Aging – Mattie Woodard*

The Louisburg Senior Center conducted an eight week Arthritis Exercise Program, 22 seniors attended. AARP tax assistance was offered to seniors Mondays & Fridays starting in February and ended April 18th. Franklin County continues to have a steady stream of Medicare appointments. They are also continuing the blood pressure screenings through Amedisys.

## *Granville County Senior Center – Sue Bryant*

Granville County Senior Services is now located at 107 Lanier Street in Oxford. The new Post Office Box number is 1287, Oxford. Since moving into the new building, more people have attended the center. Open house/dedication for the new senior center will be held Sunday, May 15th. The North Granville Senior Center in Stovall will celebrate its 20 year anniversary on May 24th with open house from 10:00 a.m. until 4:00 p.m.

## *Person County Senior Center – Robert Allen*

Robert Allen gave a brief update on Person County. Mr. Allen reported that Person County is hoping for a new senior center and a meeting was held May 11th to discuss. It was also mentioned that there would have to be new and creative ways to raise money if the new center is approved. Person County has also been involved with senior game activities, including, Bocce, Shuffleboard, Basketball, and opening ceremonies.

*Vance County Senior Center– Sandra Tubbs*

Vance County also offered a tax aid program to their seniors during tax season. In April Vance County Cooperative Extension offered a healthy eating class. Vance County hosted corn hole, croquet, badminton, and table tennis for senior games.

## *Warren County Senior Center – Robin Williams*

Warren County seniors have been busy with classes, such as quilting, water aerobics, and line dancing. Track and field day was held in Warren County for senior games and had a great turn out. Alicia Giddiens was unable to attend as they had a Rex Mobile Mammogram Unit on site today. On May 20th there will be a senior fun and fit day. There is also a New Orleans Trip scheduled for June 5th-11th.

***Senior Tar Heel Legislature Report***

Robert Allen briefly spoke in reference to Senior Tar Heel. The next STHL meeting will be June 7th-8th in Chapel Hill. During the meeting, resolutions will be presented including one from Region K that Aging Director, Jillian Hardin, submitted on behalf of the regional delegation.

***Nominating Committee Update*** *–No Update*

***Adjournment***

Robert Allen adjourned the meeting at 3:50 p.m.

NEXT MEETING DATE: **Wednesday August 3, 2016**

TIME: **2:00 p.m. – 4:00 p.m.**

LOCATION: **Kerr Tar Regional COG**

*Respectfully Submitted by: Katie Conner*

*Area Agency on Aging*