

Diane Cox
Executive Director

**Member
Governments**

COUNTIES

Franklin
Granville
Person
Vance
Warren

MUNICIPALITIES

Bunn
Butner
Creedmoor
Franklinton
Henderson
Kittrell
Louisburg
Macon
Middleburg
Norlina
Oxford
Roxboro
Stem
Stovall
Warrenton
Youngsville

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***Region K 2017 Senior Games Comes to Close
Close to Two Hundred State Games Qualifiers!***

Henderson NC - The 2017 Region K Senior Games wrapped up on Thursday, May 18th at Oxford City Hall with the Silver and Heritage Arts competition followed by the awards ceremony. There were 237 Gold, 121 Silver and 66 Bronze medals awarded that afternoon. Oxford City Hall was packed with supporters; those in attendance were able to view the showcase of artwork including paintings, pencil drawings as well as crocheted and knitted items. Performances included vocal solos, instrumentals and dancing.

Two hundred seventy one athletes age 50 and better participated in the Region K 2017 Senior Games. Of those participants, 178 qualified for state finals to be held in the fall. Kevin Rumsey of Granville County is one of our local participants who will be going on to state competitions for the 1500 meter run. When asked about his experience, he replied, "Being part of the Region K Senior Games, and State Senior Games, has benefited me from a physical and mental perspective, perhaps more so on the mental aspect, due to having a higher degree of self-confidence and opportunity for camaraderie." We wish Kevin and all those moving on the State competitions the best of luck, and look forward to seeing returning as well as new participants for the 2018 Region K Senior Games.

The games, sponsored by and in cooperation with the Kerr Tar Area Agency on Aging, were held at various venues throughout the five county region during April and May. Region K Senior Games is sanctioned by North Carolina Senior Games. North Carolina Senior Games is a nonprofit organization dedicated to providing year-round health promotion and education for adults 50 years of age and better. NCSG is sponsored statewide by the North Carolina Division of Aging and Adult Services. The Local Games are held annually to promote health and wellness and to qualify participants for State Finals. For more information visit www.ncseniorgames.org

The Kerr Tar Area Agency on Aging leads and is involved in the efforts that provide for the development and enhancement of comprehensive and coordinated community based systems of services, opportunities, and protections for older adults which assist them in leading independent, meaningful and dignified lives in their own homes and communities for as long as possible. We serve five counties, Franklin, Granville, Person, Vance and Warren.

For more information about the Kerr Tar Area Agency on Aging, please call 252-436-2040.