

Are You A Caregiver?



North Carolina Family Caregiver Support Program
Completing the Care

Who is a Caregiver? a paid/unpaid individual who provides direct care for children, older adults or individuals with chronic conditions that impact their quality of life.

Are you caring for a loved one with any of the following disabilities?:

- Mental Health diagnosis
- Difficulty with Activities of Daily Living
- Chronic conditions
- Terminal Illness or living with a life limiting condition

YOU ARE INVITED !

**PUBLIC OPEN FORUM
THURSDAY, NOVEMBER 9TH
(11:00 A.M.-11:45 A.M.)
VANCE COUNTY SENIOR CENTER
126 S. GARNETT ST. HENDERSON**

FREE EVENT WITH LIGHT REFRESHMENTS!

**FOR ADDITIONAL INFORMATION, CALL JOYCE AT
(252) 430-0257**

TOPICS

- **WHAT IS CAREGIVING?**
- **WHO ARE CAREGIVERS?**
- **ISSUES CAREGIVERS FACE.**
- **HOW WE CAN HELP**
- **PURPOSE OF A SUPPORT GROUP.**

THIS EVENT HOSTED BY

Kerr-Tar
Area Agency on Aging