2026
KERR-TAR REGIONAL SENIOR GAMES

SENIOR GAMES ENTRY PACKET
FOR ADULTS AGE 50 & BETTER

REGISTRATION DATES: FEB. 2 - MAR. 2
EARLY BIRD DATES: FEB. 2 - FEB. 16, 2026
ENTRY DEADLINE: MARCH 2, 2026

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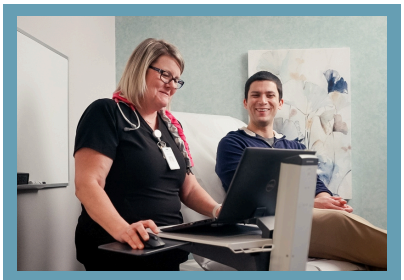

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Kerr-Tar Regional Senior Games

Senior Games is a holistic approach to keeping the body, mind, and spirit fit while enjoying the company of friends, family, spectators, and volunteers. To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High-intensity types of activities are offered primarily for the conditioned, trained athlete.

IMPORTANT DATES

February 2 - March 2, 2026	Registration Dates
February 16, 2026	Early Bird Registration Deadline
March 2, 2026	Registration Deadline for Athletic & SilverArts Events
March 20 - May 15, 2026	Athletic Events
May 1, 2026	SilverArts Entries & Music for Performing Deadline
May 15, 2026	SilverArts Showcase & Awards

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Kerr-Tar Regional Senior Games is sanctioned by North Carolina Senior Games, Inc. NCSG, Inc. is sponsored statewide by the North Carolina Division of Aging & Adult Services.

Eligibility Information

ELIGIBILITY

To be eligible to participate, you must be **50 years of age** or better on or before December 31, 2026 ***and*** be a resident of one of these five counties: Franklin, Granville, Person, Vance, or Warren. Also, a participant must be a North Carolina resident for a minimum of three consecutive months of the year.

VERIFICATION OF ELIGIBILITY

A copy of your driver's license or picture ID will be **REQUIRED** each day and at each activity to verify your age and/or place of residence and for personal safety.

AGE CATEGORIES

A participant's age as of December 31 of each year determines the age category in which they will compete. Men and women compete in separate categories in the following five-year age increments: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+. **You must compete at the scheduled time with your age/sex category.** In doubles competition, partners compete in the age category of the younger partner.

Registration Information

Please complete the appropriate form(s) and return with fees to the Senior Center in your county by 5:00 pm on March 2, 2026. Save $5 in registration fees and register by the Early Bird Deadline of **February 16, 2026.** This includes entries for all events (sports and SilverArts). Each individual, including both doubles partners, must submit a completed Entry Form. Please make checks payable to: **your local Senior Center.** There are no exceptions. **The deadline is strictly enforced in fairness to all participants.**

Fees & Refunds

Entry Fees for Athletic Events and SilverArts are $15 per person during the **Early Bird registration period** and $20 during **regular registration** (includes one t-shirt, lunches on noted days, and SilverArts Admission). **Extra t-shirts** can be purchased for $10. The **Event Fees** are to help cover charges for facility and equipment usage for activities you choose to enter. Event fees will be charged for golf at $40 (18 holes), bowling at $5 (3 games, with no additional shoe rental fee), and mini golf at $3. **Refunds** will be handled on a case by case basis. Contact your local Senior Center or the Kerr-Tar Regional Senior Games Coordinator for more information.

Silver Arts Information

May 1: Items due to your local Senior Center
May 15: SilverArts Exhibit & Performing Arts competition held in Vance County

SILVERARTS GUIDELINES

Please read the guidelines carefully. Use listed categories to complete registration form. Artist's name and title of entry must appear on, or be attached to, entry for identification. Entries must be the original work of the artist, must be a work created after the artist is age 50 and must have been completed **within the last two years. Entries from previous years are not eligible and will not be accepted. A maximum of two pieces per sub-category will be allowed. Kits, i.e., Diamond Art, Latch Hook, anything that is pre-designed/pre-cut or commercially produced is prohibited**

VISUAL ARTS

Acrylics, drawing, oil, photography, watercolor, pastels, sculpture, and mixed media 2D and 3D.

- All artwork (except sculptures) must be framed, securely wired and ready to hang (no hooks or string).
- Artwork, except freestanding pieces, can be no larger than 36′ X 42′, including matting and frame.
- Entries can be no heavier than 50 pounds.
- Freestanding entries must be able to be displayed in an area 3′(W) X 3′(L) X 4′(H)
- Artist entering this category (except sculptures) will be required to provide an easel to display artwork. All easels must be in good condition. Please be sure your name is on back of your easel.

LITERARY ARTS

Essay/articles, poems, life experience, and short stories.

- Poems can be no longer than 40 lines and must be typed.
- All entries can be no longer than 8 pages and typed with 1" margins on 8.5" x 11" paper with a minimum font size of 10 point. Fonts should be Times New Roman or Arial.
- All entries must have a title page which includes 1) Title of work, 2) Sub-category, and 3) Name of artist. Artist name should not appear on the content pages.

Silver Arts Info, cont.

HERITAGE ARTS

Basket weaving, crochet, jewelry, needlework, tole painting, weaving, woodworking, knitting, pottery (hand & thrown), hand quilting, stained glass, and woodcarving.

1. Entries must be the work of an individual and not a group.
2. Patterns may be used, but no stamped pieces will be accepted.
3. Pottery must be thrown or hand built.
4. Latch hook rugs and pieces from ceramic molds will not be accepted.
5. Pieces can be no heavier than 50 pounds and must be able to be displayed in a 3′(W) X 3′(L) X 4′(H) area.
6. Groupings (sets) may have no more than 3 pieces per set.
    a. All objects within each piece of the set must be contained within or attached to one of the 3 pieces of the set
7. Framed works can be no larger than 36" x 42", including matting & framing. All framed work must be securely wired and ready to hang (no hooks or strings).
8. Artist's name and title of entry must appear on, or be attached to, entry for identification.

PERFORMING ARTS

Comedy/drama, cheerleading, dance, line dance, instrumental, vocal.

- Entries are limited to three (3) minutes of on-stage time. Exceeding the time limit will result in automatic disqualification.
- If recorded music is used, an MP3 file is preferred (submitted electronically or on a flash drive). The music is due to your local Senior Center by the SilverArts deadline (May 1).
- Voice presentations must be a live performance by the artist. Background music can be taped. Lip-sync is not permitted as an act.
- All artists in a group must register individually.
- The Group Leader, who must be a participant, must complete the SilverArts Information Form for the group and submit it with their Registration Form.
- Cheerleading: One Squad per size category per Local Games

Sports & Events Information

SCHEDULE

Included on page 9 of this Entry Packet is the schedule for all Kerr-Tar Regional Senior Games events. Please refer to this schedule to organize your week during local games.

EQUIPMENT

Participants are required to provide their own equipment for Cycling, Golf, Disc Golf, Pickleball, and Tennis (racket). At other event sites, equipment will be provided. If participants use their own equipment, it must meet the official standards. Appropriate athletic attire, including closed toe shoes, are required at all events.

DOUBLES EVENTS

Each partner **MUST** submit an individual Entry Form by the Early Bird Deadline of February 16, 2026, and no later than March 2, 2026, or neither can compete in that doubles event. Partners compete in the age category of the younger partner.

RULES

All events will be conducted in accordance with the 2026 edition of the North Carolina Senior Games Official Rules Book. A copy of the official rules for each event will be at the event site.

LUNCH *(Provided ONLY to participants, spectators are NOT eligible for lunch.)*

Kerr-Tar Regional Senior Games will only provide lunches for certain dates. Participants are asked to bring their own lunches on the other event days. Please check your schedule on page 9 of this packet. **The days that lunch will be provided are marked with an asterisk (*).**

TRANSPORTATION

Each county will be coordinating transportation for athletes to event sites. Please contact your county agency for information regarding departure time and location, and if any fees apply. Please note that you may have to stay at the event site all day, or at least until your area's athletes have completed competition.

Positive sports conduct is expected at all events from all participants. Anyone exhibiting negative sports conduct will be disqualified from that day's events.

NC State Finals

This IS a qualifying year for National Senior Games

IMPORTANT NOTE: "I understand that it is my responsibility to check with my local Senior Games Coordinator immediately following my local Senior Games to determine if I qualified for State Finals and to register. My State Finals registration (Entry Form or on-line registration) with total payment and all required items must be received **in the NCSG office in Raleigh by 11:59 pm on August 1**! I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered."

If you prefer to register online for State Finals, click HERE to go to the registration website.

ELIGIBILITY

To qualify to participate in State Finals sports events you must be a 1st, 2nd, or 3rd place winner in the event in your age group from a sanctioned local game. To participate in Golf, you must also meet a minimum performance score **and** finish in the top 3 in your age group. The minimum performance score is available from your coordinator. To participate in the SilverStriders Fun Walk, you must have completed the Fun Walk at a local game. To participate in Literary Arts, you must be a 1st or 2nd place winner in that sub-category in your local games. Of the performing artists, only Best in Show will be eligible to compete in State Finals. 1st, 2nd, and 3rd place winners in Heritage and Visual Arts are eligible.

2026 Kerr-Tar Regional Senior Games Schedule

DATE/EVENT	TIME	LOCATION
Friday, March 20 OPENING CEREMONIES	10:00 a.m.	Louisburg Magnet High School Franklin County
Friday, March 20 FUN WALK	11:30 a.m.	Louisburg Magnet High School Franklin County
Tuesday, March 24* CORNHOLE	10:00 a.m.	Aycock Recreation Center Vance County
Friday, March 27* SHUFFLE BOARD	9:00 a.m.	Huck Sansbury Complex Person County
Monday, March 30 BOWLING-SINGLES	10:00 a.m.	Before the 1st Frame Vance County
Wednesday, April 1 BOWLING-DOUBLES	10:00 a.m.	Before the 1st Frame Vance County
Thursday, April 2 BOWLING-MIXED/DOUBLES	10:00 a.m.	Before the 1st Frame Vance County
Wednesday, April 8 BILLIARDS	9:00 a.m.	Louisburg Senior Center Franklin County
Thursday, April 9* BADMINTON, CROQUET & TABLE TENNIS	10:00 a.m.	Aycock Recreation Center Vance County
Tuesday, April 14 MINI-GOLF	12:00 p.m.	Adventure Island Vance County
Friday, April 17* CYCLING, TRACK, FOOTBALL & SOFTBALL THROW, SHOT PUT & DISCUS, LONG JUMP	9:00 a.m.	Warren County High School Warren County
Monday, April 20 DISC GOLF *RAIN DATE - APRIL 22*	10:00 a.m.	Owens Park Franklin County
Tuesday, April 21 PICKLEBALL-SINGLES	10:00 a.m.	D.N. Hix Complex Granville County
Friday, April 24* PICKLEBALL-DOUBLES/MIXED DOUBLES	9:30 a.m.	John Graham Gym Warren County
Tuesday, April 28* HORSESHOES, BASKETBALL SHOOT	9:30 a.m.	D.N. Hix Complex Granville County
Friday, May 1* TENNIS-SINGLES/DOUBLES/MIXED-DOUBLES	10:00 a.m.	Granville Athletic Park Granville County
Tuesday, May 5 SWIMMING EVENTS	11:30 a.m.	Aycock Recreation Center Vance County
Tuesday, May 5* BOCCE (50-69 YEARS OLD)	9:00 a.m.	Aycock Recreation Center Vance County
Tuesday, May 7* BOCCE (70 +BETTER)	9:00 a.m.	Aycock Recreation Center Vance County
Monday, May 11* GOLF *RAIN DATE - MAY 13*	9:00 a.m.	River Golf Course Franklin County
Friday, May 15* SILVER ARTS	10:00 a.m.	Aycock Recreation Center Vance County

*Lunch will be provided on days marked with an asterisk (*).

Coordinating Agencies

Please remember to return your completed registration form to the Senior Center in your county by March 2, 2026! No late entry packets will be accepted for any reason.

FRANKLINTON SENIOR CENTER 919-494-5611
602 East Mason St., Franklinton, NC 27525

GRANVILLE CO. SENIOR SERVICES 919-693-1930
107 Lanier St., PO Box 1287, Oxford, NC 27565

VANCE CO. SENIOR CENTER 252-430-0257
500 N Beckford Dr. Suite D., Henderson, NC 27536

WARREN CO. SENIOR CENTER 252-257-3111
435 W. Franklin St., Warrenton, NC 27589

PERSON CO. SENIOR CENTER 336-599-7484
87 Semora Rd., Roxboro, NC 27573

LOUISBURG SENIOR CENTER 919-496-1131
279 S. Bickett Blvd., Suite 400, Louisburg, NC 27549

FRANKLIN CO. PARKS & RECREATION 919-496-6624
499 Massenburg Baker Rd., Louisburg, NC 27549

FRANKLINTON PARKS & RECREATION 919-690-9516
101 N. Main St., Franklinton, NC 27525

SOUTH GRANVILLE SENIOR CENTER 919-528-0848
114 Douglas Dr., PO Box 766, Creedmoor, NC 27522

NORTH GRANVILLE SENIOR CENTER 919-693-3383
318 Hwy. 15 South, Stovall, NC 27582

CREEDMOOR COMMUNITY CENTER 919-764-1005
108 East Wilton Ave., Creedmoor, NC 27522

OXFORD PARKS & RECREATION 919-603-1135
313 E. Spring St., Oxford, NC 27565

PERSON CO. RECREATION, ARTS, & PARKS DEPARTMENT 336-330-2302
303 S. Morgan St., Annex Building, Roxboro, NC 27573

AYCOCK RECREATION CENTER 252-492-9400
307 Carey Chapel Rd., Henderson, NC 27537

WARREN CO. PARKS & RECREATION 252-257-2272
113 Wilcox St., Warrenton, NC 27589

Local Coordinators:	Crystal Allen & Michael Patterson	252-436-2040
SilverArts Coordinator:	Tina Hatcher	336-599-7484
Sporting Event Coordinator:	Michael Patterson	252-436-2040

Awards

Medals or ribbons will be awarded to the top three finishers in each age category (male & female divisions) of the athletic and SilverArts events.

Volunteer Opportunities

Encourage your friends & family to volunteer at your local Kerr-Tar Regional Senior Games! Please feel free to contact the Area Agency on Aging, 252-436-2040, for more information.

Thanks to our sponsors

Presenting Sponsor: Granville HEALTH SYSTEM

Kerr-Tar Regional Council Of Governments

Kerr-Tar Area Agency on Aging
Your Anchor for Aging

Kerr-Tar Regional Senior Games Registration Form

Please PRINT clearly.

PARTICIPANT INFORMATION

Name: _____

(First) (MI) (Last)

Date of Birth: _____/____/_____ Age as of 12/31/26:_____

Address: _____ NC, _____

(Street) (City) (Zip)

Phone: (____) _____-_____ Sex: ___ M ___ F Shirt Size: _____

Email: _____

EMERGENCY CONTACT & HEALTH INFORMATION

Physician's Name: _____ Phone: (___) ____-_____

Emergency Contact #1: _____

Relationship: _____ Phone: (___) ____-_____

Emergency Contact #2: _____

Relationship: _____ Phone: (___) ____-_____

Ethnicity:

___ African American
___ Asian
___ Indigenous Person
___ Hispanic
___ White
___ Other
___ Unknown/Declined

Names of Medication:

_____
_____

Your Medical Conditions:

_____
_____
_____

___ I give permission for my image and/or likeness to be used in the promotion of advertising current and future events associated with Kerr-Tar Regional Senior Games.

Assistive Devices You Use (hearing aids, glasses, walker, etc.)

_____
_____

Your Allergies:

_____
_____
_____

Kerr-Tar Regional Senior Games Registration Form

Please PRINT clearly.

Name: _____

(First) (MI) (Last)

SPORTS EVENTS

Please indicate the events in which you would like to participate. Refer to events schedule for date, time, and event sites. Early Bird Deadline: **February 16, 2026**. Regular Deadline: **March 2, 2026**. All events are offered at State Finals.

Individual Sports

___ Basketball Shooting
___ Billiards
___ Bocce
___ Cornhole
___ Croquet
___ Disc Golf
___ Football Throw
___ Fun Walk
___ Golf
___ Mini Golf
___ Horseshoes
___ Shuffleboard
___ Softball Throw
___ Team Basketball (TBA)
___ 5K Cycling
___ 10K Cycling
___ 1 Mile Cycling
___ 1 Mile Recumbent Bike
___ 5K Recumbent Bike
___ 10K Recumbent Bike

Table Tennis

___ Singles
___ Doubles (Partner/Age)
_____/____
___ Mixed Doubles
_____/____

Track & Field Events

___ 50 M Dash
___ 100 M Dash
___ 200 M Dash
___ 400 M Dash
___ 800 M Dash
___ 1500 M Dash
___ 1500 M Power Walk
___ 5K Power Walk
___ Discus
___ Running Long Jump
___ Standing Long Jump
___ Shot Put
___ 5K Road Race
___ 10K Road Race

Pickleball

___ Singles
___ Doubles (Partner/Age)
_____/____
___ Mixed Doubles
_____/____

Badminton

___ Singles
___ Doubles: (Partner/Age)
_____/____
___ Mixed Doubles:
_____/____

Bowling

___ Singles
___ Doubles: (Partner/Age)
_____/____
___ Mixed Doubles:
_____/____

Tennis

___ Singles
___ Doubles: (Partner/Age)
_____/____
___ Mixed Doubles:
_____/____

Swimming

___ 50 Yd Back Stroke
___ 50 Yd Breast Stroke
___ 50 Yd Butterfly
___ 50 Yd Free

Kerr-Tar Regional Senior Games Registration Form

Please PRINT clearly.

Name: _____

(First) (MI) (Last)

SILVERARTS

Please indicate the events in which you would like to participate. A maximum number of two pieces per sub-category will be allowed. **Entries from previous years are not eligible and will not be accepted.** **Registration Deadline: March 2, 2026.**

Heritage Arts

___ Basket Weaving
___ Crocheting
___ Jewelry
___ Knitting
___ Needlework
___ Pottery (thrown)
___ Pottery (hand built)
___ Quilting (by hand)
___ Quilting (machine)
___ Stained Glass
___ Tole Painting
___ Weaving
___ Woodcarving
___ Wood Turning
___ Woodworking
___ Other

Title of Heritage Arts Pieces

1. _____
2. _____

Visual Arts

___ Acrylics
___ Drawing
___ Oil
___ Photography (film)
___ Photography (digital)
___ Watercolor
___ Pastels
___ Sculpture
___ Mixed Media 2D
___ Mixed Media 3D

Title of Visual Arts Pieces

1. _____
2. _____

Literary Arts

___ Essay (non autobiographical)
___ Poem
___ Life Experience
___ Short Story

Title of Literary Piece

1. _____
2. _____

Performing Arts

Choose one of the categories below and answer the following related questions:

___ Cheerleading
___ Comedy/Drama
___ Dance
___ Line Dance
___ Instrumental
___ Vocal

Name of Group/Act

_____

Name of Accompanist

_____

Number of People in Group

_____

Title of Piece

_____

REMINDER: ALL SUBMITTED PIECES MUST BE TITLED.

Kerr-Tar Regional Senior Games Registration Form

Please PRINT clearly.

Name: _____

(First) (MI) (Last)

FEE WORKSHEET

EARLY BIRD REGISTRATION (by Feb. 16, 2026)..... $15.00 = $____

ENTRY FEE (by Mar. 2, 2026)..... $20.00 = $____

*Required for **all** participants & includes t-shirt, invitation to Opening Ceremonies, SilverArts Showcase, & Awards event*

EVENT FEES

(Required **in addition to** the Entry Fee)

- Bowling.....$5.00 each = $____
- Golf.....$40.00 = $____
- Mini Golf.....$3.00 = $____

***Bowling price is for each event (i.e. singles + doubles = $10.00)**

Make checks payable to: **Your local Senior Center**

Date: _____ Cash or Check # _____ **TOTAL AMOUNT: $_____**

LIABILITY WAIVER

In consideration of being allowed to participate in any way in the 2026 Kerr-Tar Regional Senior Games Athletic/Sports programs, and related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce the risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and I may be removed for negative sports conduct; and
4. I am in the necessary physical condition to participate in the registered activity(ies). I authorize the staff to seek emergency medical care on my behalf if needed. I will assume all costs associated with any such treatment; and
5. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS the Kerr-Tar Regional Senior Games, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, volunteers, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, incident to my involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE to the fullest extent permitted by law.

THE UNDERSIGNED HAS READ THE ABOVE WAIVER & RELEASE, UNDERSTANDS THAT S/HE HAS GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING BELOW, & SIGNS IT VOLUNTARILY.

_____

Signature Date

Contact Us

Crystal Allen (252) 436-2040 ext.2036
Michael Patterson (252) 436-2040 ext.6072

info@kerrtarcog.org

1724 Graham Ave. Henderson, NC 27536