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MARK YOUR CALENDAR

- **RAAC Meeting:** Aug. 20 @ 2:00 p.m. @ KTCOG Office
- **TAC/TCC Meeting:** Aug. 21 @ 3:00 p.m. @ KTCOG Office
- **KTRFC Meeting:** Aug. 27 @ 10 a.m. @ KTCOG Office
- **KTCOG Executive Board Meeting:** Aug. 28 @ 10am (Virtual)
- **Kerr-Tar Housing Summit:** Sept. 11 @ 8:30 a.m. @ VGCC Civic Center
- **KTCOG Annual Banquet:** Sept. 25 @ 6:30 p.m. @ Miles Magnolia Event Center
- **IGNITE 2025 Summit:** Oct. 9 @ 10 a.m. @ Oxford City Hall

2025 Kerr-Tar Housing Summit

Unlock effective housing strategies for local governments and discover how to Escape the Housing Trap by overcoming housing challenges.

Hear successful approaches from panelists and engage in a live interactive "workshop" to achieve Sustainable Solutions for Attainable Housing.

SCAN ME TO REGISTER!



THURSDAY

September 11, 2025
8:30 a.m. - 1:00 p.m.

Vance Granville
Community College
Civic Center

GUEST SPEAKERS



Chris Allen

Director of Events & Partnerships
Strong Towns



Tyler Mulligan

UNC School of Government
Faculty Member



WE ARE INVITING YOU TO OUR

ANNUAL BANQUET & AWARDS CEREMONY

September

THURSDAY **25** AT 6:30 PM

Miles Magnolia Event Center
24 Douglas Williams Rd, Louisburg

Cost is \$30 per person

RSVP HERE

RSVP BY SEPTEMBER 8TH 2025



IMPORTANT INFORMATION

The Kerr-Tar Regional Council of Governments
and Granville County present...

IGNITE 2025 SUMMIT

Don't miss out on our
Early Bird Registration!

\$30 Now through
August 8th

Join us in Oxford, NC for a dynamic day of inspiration,
community, and connection. Enjoy engaging sessions, local
food, and exclusive perks for the **first 250 registrants**—
including lunch vouchers, drink tickets, and swag bags!

REGISTER HERE



OCTOBER 9, 2025
10:00 AM - 3:30 PM

OXFORD CITY HALL
300 WILLIAMSBORO, ST.
OXFORD, NC 27565

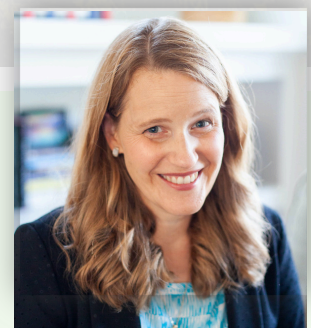
Reception Following at Tobacco Woods Brewery



JOIN US

for this exciting
Regional Economic
Development Summit!

KEYNOTE SPEAKER



Melody Warnick

*The Daily Act of
Loving Where You Live*

PRESENTING SPONSOR



THANKS TO OUR SPONSORS



PERSON COUNTY
ECONOMIC DEVELOPMENT



THE COUNTY OF
Granville
NORTH CAROLINA



APPLICATIONS NOW OPEN FOR THE NC RURAL CENTER'S REDI LEADERSHIP PROGRAM



The NC Rural Center is now accepting applications for its Rural Economic Development Institute (REDI), the Center's flagship leadership development program for rural North Carolina. Since 1990, REDI has trained more than 1,200 leaders through a three-month program focused on rural economic and community development. The experience equips participants with practical tools, strategies, and a strong network to help them create positive change in their communities.

"Rural communities need strong leadership to thrive," said Olaunda Green, director of leadership training at the Rural Center. "We're proud to provide training opportunities that not only equip established leaders but also emerging leaders who will greatly impact the future of rural North Carolina."

Each year, REDI brings together a diverse group of leaders — including government staff, nonprofit and faith-based professionals, business owners, elected officials, and community advocates — for nine days of immersive training. Graduates become part of a growing alumni network that spans all 100 North Carolina counties and includes leaders from the Rural Center's Homegrown Leaders program as well. Applications are open now through August 25. Learn more and apply at the REDI webpage.



AFFORDABLE HOUSING SEMINAR FOR LOCAL GOVERNMENT LEADERSHIP

Join the UNC School of Government on October 16, 2025, from 9:30 a.m. to 5:00 p.m. in Chapel Hill for a one-day, in-person seminar focused on affordable and workforce housing strategies. The course is open to elected and appointed officials, including local government managers and department heads. The registration fee is \$265.

This interactive seminar is designed to help local leaders develop strategic approaches to housing, explore public-private partnerships, and understand the tools and financing mechanisms available to support affordable residential development. Participants will engage in case studies, hands-on exercises, and guided discussions to identify immediate next steps they can take in their own communities.

Scholarships are available for fall courses! Apply HERE by September 1, 2025, for a Civic Local Foundation Scholarship covering courses from October through December.

APPLICATION NOW OPEN FOR CONNECT CHURCH



Connect Church, part of the NC Rural Center's Faith in Rural Communities initiative, helps rural churches strengthen their community impact through coaching, training, and resources. Over one year, a church team of 6-10 members receives monthly coaching, attends three Saturday workshops, and explores ways to serve their community more effectively. Eligible churches may also receive up to \$10,000 in grant funding to launch or expand a mission-focused project.

Thanks to support from The Duke Endowment and Lilly Endowment, the \$25,000 program is offered at no cost to participating churches.

The deadline to apply is August 30. Click [HERE](#) to apply.



KTCOG AWARDED A TRIANGLE NORTH HEALTHCARE FOUNDATION GRANT

Triangle North Healthcare Foundation's Board of Directors announced that the Foundation has awarded 17 grants to 17 organizations totaling \$875,631 for the Foundation's grant year that begins October 1, 2025. The Foundation's annual grant program supports initiatives that positively impact health throughout Vance, Warren, Granville, and Franklin counties. Since beginning grantmaking in 2013, the Foundation has invested over \$6.5 million in funding for programs to improve health in the four-county region.

"Through our grants to local partners, we are investing in programs that will help fulfill our mission to improve health," said Tem Blackburn, Interim Executive Director for the Foundation. "Our hope is that these grant awards will result in healthy outcomes for children and adults in the four counties we serve," said Blackburn.

Kerr-Tar Regional Council of Governments was awarded \$30,000 for the Food Security Partnership Project, which will inventory resources and foster collaboration in the regional food system and create a centralized repository of organizations & resources to be routinely updated and public facing.



THE PEAS PROJECT

Do you or someone you know have a significant impact on daily life because of memory loss or cognitive impairment?

**AGES
60+**

Do you need assistance with **3 or more** of these daily living activities listed below?

☐ Feeding

☐ Toileting

☐ Dressing

☐ Transferring

☐ Bathing

☐ Continence

If you have a cognitive impairment **AND/OR** checked off at least 3 or more boxes from the list above you may qualify for the PEAS project.

All eligible participants will receive additional food delivered to supplement their current diet.

For more information, contact Crystal Allen at 252-436-2040 ext. 2036 or by email callen@kerrtarcog.org



BECOME A COACH!

Empower Older Adults to Prevent Falls

“A Matter of Balance” Coach Training

Did you know falls are the leading cause of injuries for adults over 65? Make a difference by joining our A Matter of Balance Coach Training! Kerr-Tar Area Agency on Aging is looking for volunteers to help provide the A Matter of Balance program.

Pairs of Coaches Help Older Adults:

- Build confidence in managing falls
- Recognize and reduce fall risks
- Strengthen their balance and mobility with simple exercises

What do you need to be a coach?

- Good communication skills
- Enthusiasm for helping others
- Ability to lead low-to-moderate exercises
- Willingness & dependability to work with another coach in leading small groups or older adults

This training is no cost. Participants are expected to teach two workshops per year to remain active coaches. Classes are held either once a week for 8 weeks or twice a week for 4 weeks for 2 hours each.

READY TO JOIN?

Register by September 9th, 2025, to secure your spot!

*Light snacks will be provided

DATE

- Tuesday, September 16
- Wednesday, September 17

*Both days required to complete the course

TIME

8:30 a.m. – 12:30 p.m.

LOCATION

South Granville Senior Center
114 Douglas Drive
Creedmoor, NC 27522

To register & for more information contact Crystal Allen at:

☎ 252-436-2040 ext. 2036

✉ callen@kerrtarcog.org



A Matter of Balance: Managing Concerns About Falls Volunteer Lay Leader Model ©2006
This program is based on Fear of Falling: A Matter of Balance. Copyright ©1995 Trustees of Boston University. All rights reserved. Used and adapted by permission of Boston University.
A Matter of Balance Lay Leader Model
Recognized for Innovation and Quality in Healthcare and Aging, 2006, American Society on Aging.
A Matter of Balance Lay Leader Model was developed by a grant from the Administration on Aging (#90AM2780).

JOIN THE STEP-TEMBER CHALLENGE

Join the NC Falls Prevention Coalition and Kerr-Tar Regional Council of Governments for STEPtember – a fun, statewide walking challenge to promote healthy living, strength, and fall prevention during Falls Prevention Awareness Month!

Why Join STEP-tember?

- Walking helps improve balance and reduces the risk of falls
- Movement is medicine - just a few extra steps a day can make a difference
- Stay connected and motivated!

EVERY STEP COUNTS!

Don't forget to call, visit, or email and report your steps to the Senior Center every Friday in September!

All participants will receive a free bag with Fall Prevention Information at your first reporting

First 25 Participants to register will receive a pedometer



WHEN

Each step taken from **September 1st through the 30th** will be added to the final step count for the Senior Center!

Report every Friday!



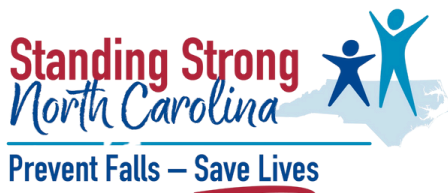
WHERE

Anywhere! Walk in a park, at home, the mall, senior center.

Each Step Counts!

HOW TO REGISTER

To register, visit the senior center and let them know you'd like to participate!



PRODUCE BAG DISTRIBUTION AT PERSON COUNTY SENIOR CENTER

Kerr-Tar Area Agency on Aging provided produce bags to participants at the Person County Senior Center and delivered fresh produce to Meals on Wheels clients. Local lettuce, cucumbers, and tomatoes from Red Hawk Farm were distributed.



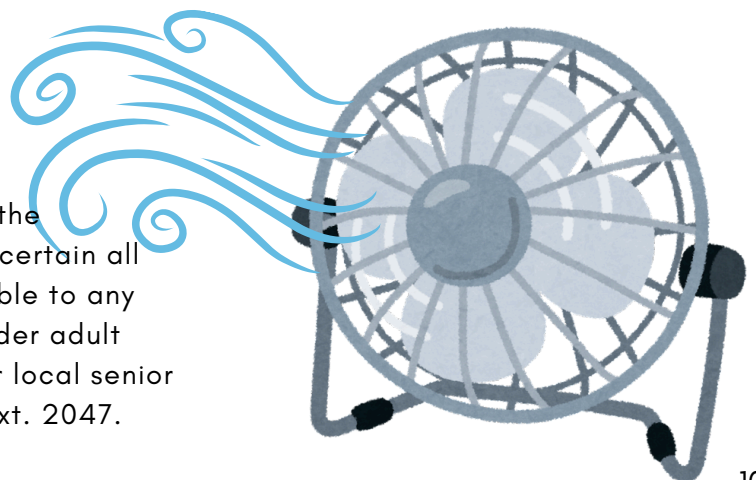
GRANT CULTIVATES GROWTH AT WARREN COUNTY SENIOR CENTER



KTCOG received a grant from the Eva Clayton Rural Food Institute, Vance County Cooperative Extension, and Inter-Faith Food Shuttle for a new raised bed garden at the Warren County Senior Center. The senior center looks forward to the educational and physical activity opportunities it will bring!

OPERATION FAN RELIEF

Kerr-Tar Area Agency on Aging coordinated the Operation Fan Heat Relief Program to make certain all senior centers in our region have fans available to any senior adult who needed one. If you or an older adult you know requires a fan, please contact your local senior center or Alan Winstead at 252-436-2040 ext. 2047. *Duke Energy provided funding for the fans.*



NATIONAL IMMUNIZATION AWARENESS MONTH



SHIP
SENIORS' HEALTH INSURANCE
INFORMATION PROGRAM

Vaccines are an important step in protecting against serious and sometimes deadly diseases. Even healthy adults can become seriously ill and can pass certain illnesses on to others. Immunizations are especially important for older adults and for adults with chronic conditions such as asthma, COPD, diabetes, or heart disease. Medicare covers a number of vaccines for beneficiaries under Medicare Part B and the Medicare prescription drug plans (Part D).

For more information, contact Crystal Allen at 252-436-2040 ext. 2036



CRYSTAL IS A MASTER TRAINER!

Aging Specialist, Crystal Allen, recently completed the Master Trainer for Matter of Balance, which qualifies her to serve as a Coach and to train other coaches. Matter of Balance is an evidence-based falls prevention program for older adults. Kerr-Tar Area Agency on Aging will conduct training for lay leaders on September 16 and 17. If you want to find out how you can empower older adults to prevent falls, contact Crystal Allen at callen@kerrtarcoag.org or 252-436-2040 ext. 2036.

AGING AND WELLBEING SURVEY: TEST YOUR BRAIN HEALTH IQ

Research in the Aging and Wellbeing lab at North Carolina A&T State University focuses on identifying modifiable risk factors that are associated with cognitive change, dementia, and improving functional impairment in late life.

Scan the QR Code to test your brain health IQ!

Instagram: @Agingwellbeing
Facebook: Aging Wellbeing Lab



MI CENTRO SUMMER PROGRAM AT DABNEY ELEMENTARY

On July 8th, Safe Routes to Schools Coordinator Victoria Glasscock visited Dabney Elementary to deliver a bike and pedestrian safety lesson to students in the Mi Centro Summer Program. As part of the session, students enjoyed a reading of "Elena Monta en Bici" (Elena Rides a Bike). The story helped spark conversations about real-life safety habits, from wearing a helmet correctly to being aware of surroundings while walking or riding. The lesson also included interactive discussions and demonstrations on how to stay safe while traveling to and from school or around the neighborhood. Each student received take-home materials with helpful safety tips and resources to share with their families.



Follow us on social media!



KERR-TAR REGIONAL FOOD COUNCIL MEETING

Join the Kerr-Tar Regional Food Council (KTRFC) for their next meeting on Wednesday, August 27. It will be from 10-11:30 am at the Kerr Tar COG offices on 1724 Graham Avenue, Henderson, NC!



KERR-TAR REGIONAL FOOD COUNCIL



Check out their new logo!

2025 SUSTAINABLE FLEET TECHNOLOGY CONFERENCE & EXPO

Sign up for the 2025 Sustainable Fleet Technology Conference and Expo! It is a three-day event from August 25-27, 2025, at the Benton Convention Center in Winston-Salem, NC.

The Sustainable Fleet Technology Conference & Expo brings together leading fleets and technology providers to showcase the latest and greatest transportation technologies, fuels, and trends. The conference includes a strong focus on data-driven decisions and tools. The expo and conference sessions are a source of on-the-ground experiences for increasing fleet efficiency and resiliency, while reducing emissions and costs. Join us to learn from your peers and experts!



REGISTRATION NOW OPEN

Join us in Winston-Salem, NC

August 25 - 27, 2025

SUSTAINABLEFLEETEXPO.COM

REGISTER HERE

2028-2037 STIP PROJECT SUBMISSION



NCDOT

The N.C. Department of Transportation (NCDOT) is seeking public input for its next 10-year transportation plan (2028-2037). Residents are invited to share ideas for new projects—ranging from highways and rail to bike paths and public transit—during a public comment period from **July 28 to August 29, 2025**, through this survey.

Your feedback will help NCDOT prioritize projects that improve safety, ease traffic congestion, and support economic growth across the state. Suggestions can be submitted through a short, interactive survey on the STIP public input site. In-person input is also welcome at open houses held at all NCDOT highway division offices during the comment period.

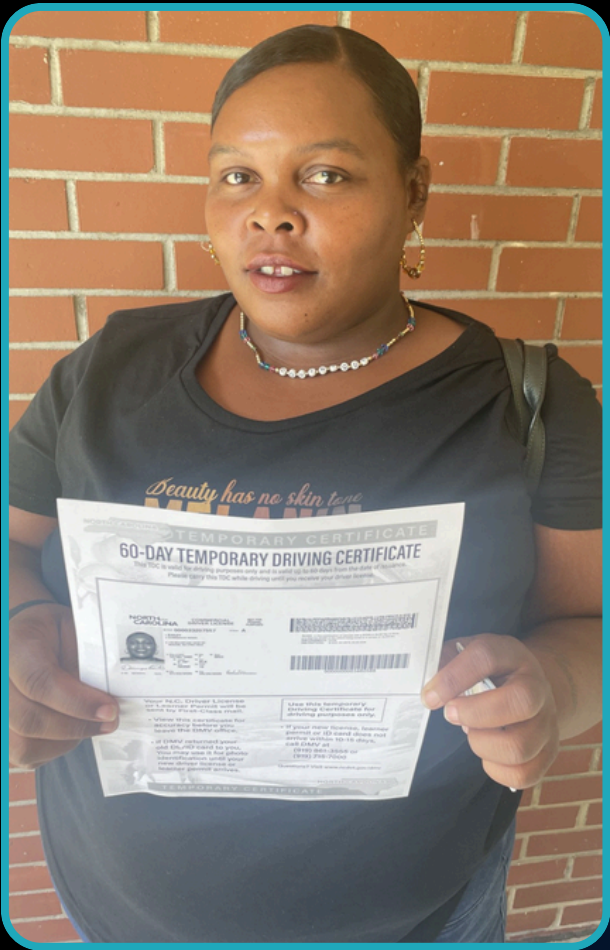
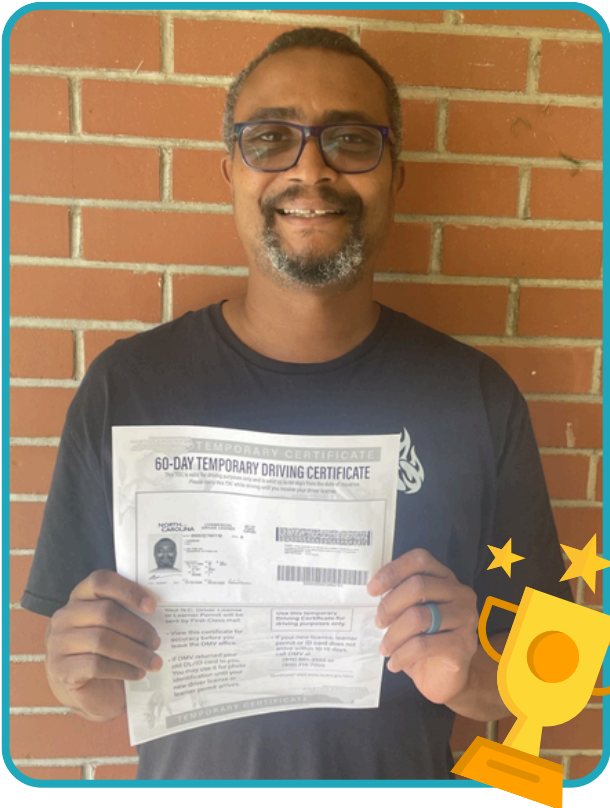
Please note: This process is for new projects only, not routine maintenance like pothole repair. Next Steps: Finalized project lists and scoring will be shared in mid-2026, with more opportunities for public input through 2027 before the plan is adopted.

For additional information or comments, you may contact the project team through our hotline at 512-580-8850 and enter project code 4669, or via email at ncdot-stip@publicinput.com.

Your voice matters—help shape the future of transportation in North Carolina!

SUCCESS STORY: RAY DAWSON

After completing his training at Vance-Granville Community College, Ray Dawson officially earned his CDL-A license on July 22, 2025. This achievement not only reflects Ray's hard work and determination but also opens the door to in-demand opportunities within the trucking and transportation industry. With his license in hand, Ray is now prepared to step into a career with strong growth potential, competitive wages, and the chance to continue building valuable skills on the road. Ray's journey is a powerful example of how training, focus, and commitment can transform a goal into a life-changing opportunity. [Congratulations to Ray!](#)



SUCCESS STORY: DOMINIQUE BAILEY

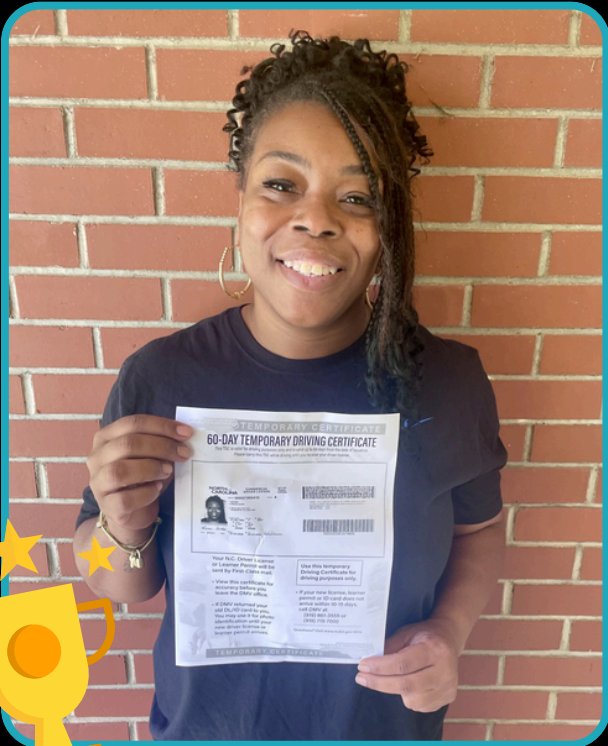
On July 22, 2025, Dominique Bailey achieved a major milestone when she earned her CDL-A Driver's License after successfully completing CDL training at Vance-Granville Community College.

This accomplishment marks more than just the completion of a program; it represents a life-changing opportunity for Dominique and her family. With her CDL in hand, she is ready to start a new career that offers stability, independence, and growth.

With her long-term goal being to one day own and operate her own trucking business, Dominique's dream is now within reach thanks to her hard work and we wish her all the best. [Congratulations to Dominique!](#)

SUCCESS STORY: LUNDEN ELLISON

Lunden came to NCWorks with a clear goal: break into the IT field and build a future. Driven and eager to learn, he connected with Helen Bradby of the WIOA NextGen Young Adult Program, who saw his potential and enrolled him. Knowing his passion for IT, Helen teamed up with Stacey Williams to find a meaningful opportunity, despite the few openings. Undeterred, Stacey reached out to Cyberplex Technologies, a company new to the program. After reviewing Lunden’s resume, David Cole at Cyberplex took a chance, and Lunden ran with it. He showed up ready to learn, impressing the team with his dedication and quick growth. By the end of the Work-Based Learning period, David saw what Helen and Stacey had from the start: Lunden was a true asset. He was offered a permanent position. What began as a search for experience became a career breakthrough. Lunden’s journey is a powerful reminder of what’s possible with determination, support, and a chance to prove yourself. [Congratulations Lunden!](#)



SUCCESS STORY: SHEENA BATES

On July 23, 2025, Sheena Bates successfully earned her CDL license after completing her training at Vance-Granville Community College. Her dedication and hard work have already paid off as she has accepted a position with Walmart Distribution in Henderson. Sheena is excited to begin this new chapter and looks forward to the career growth and advancement opportunities her new certification makes possible. Wishing her continued success on the road ahead! [Congratulations Sheena!](#)

REENTRY RESOURCE AND JOB FAIR AT NCWORKS



On July 18, 2025, the Kerr Tar Local Reentry Council, in partnership with the NCWorks Career Center, hosted a powerful Reentry Resource and Job Fair, an event dedicated to supporting individuals transitioning back into the community after incarceration.



We were proud to welcome over 126 participants, a turnout that speaks volumes about our community's growing commitment to second chances.

The event brought together a diverse group of employers, service providers, and community partners—all united in their mission to provide meaningful support, job opportunities, and resources for successful reentry. It was a day of connection, hope, and new beginnings. A heartfelt thank you to everyone who participated and helped make this event a success.

Together, we're building stronger futures, one opportunity at a time.

STAY CONNECTED WITH YOUR NCWORKS CAREER CENTER!

NCWorks updates you on job fairs, career fairs, job search tips, virtual reality simulations, and many other great resources! Click below to follow us today!

**CLICK HERE FOR KERR-TAR
LABOR MARKET UPDATE**



BIRTHDAY ANNOUNCEMENTS



Victoria Glasscock
August 12th

ANNIVERSARY ANNOUNCEMENTS



Christa Hight
1 year

Kerr-Tar

Regional Council of Governments

COMMUNITIES SERVED

Franklin County
Granville County
Person County
Vance County
Warren County
Town of Bunn
Town of Butner
City of Creedmoor
Town of Franklinton
City of Henderson
Town of Kittrell
Town of Louisburg
Town of Macon
Town of Middleburg
Town of Norlina
City of Oxford
City of Roxboro
Town of Stem
Town of Stovall
Town of Warrenton
Town of Youngsville

Executive Director

Diane Cox

dc Cox@kerrtar cog.org

Area Agency on Aging

Alan Winstead

awinstead@kerrtar cog.org

Community & Economic Development

Desiree Brooks

dbrooks@kerrtar cog.org

Workforce Development

Lou Grillo

lgrillo@kerrtar cog.org

MISSION STATEMENT

Kerr-Tar Regional Council of Governments aims to promote regionalism that provides opportunities for local governments to enhance and improve the quality of life for our citizens through effective delivery of services and programs.

Kerr-Tar Regional Council of Governments

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