

**Diane Cox**  
Executive Director

***November is National Alzheimer's Disease Awareness Month***

**Member  
Governments**

**COUNTIES**

Franklin  
Granville  
Person  
Vance  
Warren

**MUNICIPALITIES**

Bunn  
Butner  
Creedmoor  
Franklinton  
Henderson  
Kittrell  
Louisburg  
Macon  
Middleburg  
Norlina  
Oxford  
Roxboro  
Stem  
Stovall  
Warrenton  
Youngsville

Henderson NC - November is a time to pause and recognize those living with Alzheimer's and their caregivers. The Kerr Tar Area Agency on Aging is planning events during the month to celebrate, advocate and remember our loved ones who have experienced this condition. Currently, two events are planned in Warren and Vance Counties to recognize National Alzheimer's Disease Awareness Month.

President Ronald Reagan designated November as National Alzheimer's Awareness Month in 1983. Back then, fewer than two million Americans were diagnosed with Alzheimer's. Today, there are more than 5.4 million Americans with the condition. In fact, every 66 seconds someone in the United States develop the disease.

According to the NC Division on Aging and Adult Services, in the five counties we serve: Franklin, Granville, Person, Vance and Warren, Alzheimer's is prevalent in 4,025 people ages 65 and older which accounts for more than 2% of the population in that age group.

Area Senior Centers have implemented programs and practices to help care for and engage residents and caregivers living with the condition. The Warren County Senior Center, located at 435 W Franklin Street in Warrenton, is hosting a Candlelight Reflection Ceremony on November 18<sup>th</sup> at 11a.m. as part of their Thanksgiving festivities. Candlelight Reflections is a ceremony remembering those we have lost and honoring individuals currently living with Alzheimer's or other dementias, their dedicated caregivers and in recognition of National Alzheimer's Disease Awareness Month and National Caregivers Month.

On November 15<sup>th</sup>, a Memory Café is planned at the Vance County Senior Center for member caregivers. A Memory Café is a safe and comfortable space where caregivers and their loved ones can socialize, listen to music, play games, and enjoy other activities. The Café provides mutual support where loved ones can simply enjoy a meal and fellowship.

Currently, there is no cure for Alzheimer's. By 2050, the number of people age 65 and older with Alzheimer's disease may affect a projected 13.8 million individuals. The Kerr Tar Area Agency on Aging has a Family Caregiver Specialist who can assist families that need information and are interested in area support groups. Also, contact your local senior centers for respite care vouchers.

The Kerr Tar Area Agency on Aging leads and is involved in the efforts that provide for the development and enhancement of comprehensive and coordinated community based systems of services, opportunities, and protections for older adults which assist them in leading independent, meaningful and dignified lives in their own homes and communities for as long as possible. We serve five counties, Franklin, Granville, Person, Vance and Warren.

For more information about the Kerr Tar Area Agency on Aging, please call 252-436-2040.