

Diane Cox
Executive Director

**Member
Governments**

COUNTIES

Franklin
Granville
Person
Vance
Warren

MUNICIPALITIES

Bunn
Butner
Creedmoor
Franklinton
Henderson
Kittrell
Louisburg
Macon
Middleburg
Norlina
Oxford
Roxboro
Stem
Stovall
Warrenton
Youngsville

Kerr Tar Area Agency on Aging Receives Funds for Operation Fan Heat Relief!
Residents May Qualify for a Free Fan

Henderson – The Kerr Tar Area Agency on Aging (AAA) received grant funding for Operation Fan Heat Relief program (OFHR). Funded through the North Carolina Department of Health and Human Services, Division of Aging and Adult Services, fans are purchased and distributed to senior centers throughout the region. Older adults aged 60 and better, as well as adults with disabilities, are eligible to sign up for assistance.

The relief program purchases fans for older adults and adults with disabilities to provide them with a more comfortable living environment and to reduce heat-related illnesses. This year, Kerr Tar AAA partnered with Lowe's Home Improvement in Henderson to purchase more than 200 fans through the \$3,200 funds donated from Duke Energy Carolinas and Duke Energy Progress. Lowe's kindly delivered the fans yesterday to each senior center in our five county region.

"We know that older adults do not adjust as well as young people to sudden changes in temperature," says Jillian Hardin, Director, Kerr Tar Area Agency on Aging, "they are more likely to have more than one chronic medical condition that changes normal body responses to heat and more likely to take prescription medicines that impair the body's ability to regulate its temperature or that inhibit perspiration."

For more details, individuals may contact their local senior centers. Fans are limited and tend to be distributed quickly once the temperature gets warmer. Take the heat seriously, and do not ignore danger signs like nausea, dizziness or lightheadedness, fatigue, confusion, labored breathing, chest discomfort, and rapid or erratic pulse. They can all be signs of trouble. Get to a cool place, drink cool water slowly and seek medical help if conditions don't improve.

The Kerr Tar Area Agency on Aging leads and is involved in the efforts that provide for the development and enhancement of comprehensive and coordinated community based systems of services, opportunities, and protections for older adults which assist them in leading independent, meaningful and dignified lives in their own homes and communities for as long as possible. We serve five counties, Franklin, Granville, Person, Vance and Warren.

For more information about the Kerr Tar Area Agency on Aging, please call 252-436-2040.

